



# TAKE A STAND

*Discover the Benefits of Movement*

- Have More Energy
- Burn Calories
- Relieve Back and Neck Pain
- Be More Productive

**TASKMATE**<sup>™</sup>  
EZ



## Ergonomic - Stylish - Practical

Makes it **EZ** to move from a sitting to a standing position for comfortable, prolonged computing.

- Burning calories while at work has never been more **EZ**
- The most cost-effective sit-stand workstation on the market, saving money is **EZ!**
- **EZ** to quickly and securely attach to most any work surface
- **EZ** manual height adjustment
- Worktop and monitor mount adjust independently for **EZ** comfort and ergonomics
- Monitor mount includes a tilt feature for **EZ** monitor viewing
- VESA standard monitor mounting for **EZ** mounting of most any computer monitor
- Heavy duty steel construction and simple fool-proof design with NO MOVING PARTS means that the TaskMate **EZ** will provide a lifetime of **EZ** trouble free service
- Your choice of grommet or optional rear clamp mounting for **EZ** unparalleled stability
- **EZ** to use, **EZ** to buy!

It has never been more **EZ** to enjoy a healthy, energetic Sit-Stand work style!

The new TaskMate EZ from HealthPostures is one of the simplest and most cost effective ways to turn your ordinary desk into a standing workstation.

The TaskMate EZ will attach to any desk and will adjust from a sitting to a standing position while allowing for plenty of workspace. Many employees and employers have since learned that switching from sitting to standing though-out the day has many benefits including physical alertness, increase productivity and staying fit while on the job.

HealthPostures products have been encouraging a healthy workplace for over ten years. HealthPostures' sit-to-stand ergonomic products encourage an energetic work environment and will provide a sit to stand ergonomic solution that will help prevent and alleviate pain associated with sitting at work. By using HealthPostures sit-to-stand ergonomic products, you will feel energized and productive throughout your work day. HealthPostures sit to stand ergonomic products are proudly made in the USA.

### specifications

Adjusts in 1½" Increments  
 1¼" Tabletop above Desk in Lowest Setting  
 14 Settings  
 32½" Maximum Screen Height (to center of mount)  
 19" Maximum Table Height (w/monitor)  
 Vesa Standard Mounting Pattern  
 Shipping Dimensions 19" x 25" x 5½"  
 Shipping Weight 20 lbs.  
 Tabletop Dimensions 23.5" x 18"



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